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“Lisa Bedford’s Survival Mom is a much needed resource of practical preparedness and survival knowledge that anybody (even ‘Survival Dads’) will find an indispensable addition to their self-reliance library!” — Survivalist Magazine

When a global pandemic makes you feel out of control, anxious, and unprepared, let the "Survival Mom,"

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Lisa Bedford, show how you can put plans into ...

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It's also helpful to have copies of important paperwork on hand, stored in a waterproof container to prevent water damage. Copies of passports and

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driver's licenses, birth certificates, insurance information, bank information, and even some cash are all things that can help your family in the days following a disaster.

Survival Mom Essentials: Preparing your Family to Survive ...

+ Preparing the home for a natural

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disaster + Alternative sources of energy in a power's-out situation + Everything you need to know about food storage + Personal safety and protection. Deep inside every mom is a Survival Mom whose passion for her family drives her to make the best of the present and prepare for the future.

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**Survival Mom: How to Prepare Your
Family for Everyday ...**

The Survival Mom helps moms worry less and enjoy their families more with tips, tools, and strategies for having a prepared and peaceful home.

**The Survival Mom - Helping moms
worry less & enjoy life!**

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Book Review: Survival Mom: How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios By Lisa Bedford aka The Survival Mom The reality of prepping is that it is mostly a man's field; manuals are written with a masculine audience; most websites & forums are written by men for a male audience; most books are written by

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men for a male audience; fictional stories are written by...

The Survival Mom: How to Prepare Your Family by Lisa ...

She writes about preparedness on her blog, Survival Mom, which she started to fill a void - a voice for women, especially moms, by a woman. Her blog really

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Everyday Disasters And Worst-Case Scenarios speaks to the woman responsible her household. Also, she wrote a book entitled, "Survival Mom: How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios."

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how to prepare your family for everyday disasters and worst-case scenarios. [Lisa Bedford] -- "The last ten years have done quantifiable damage to Americans' sense of security, both physical and economic. From the ravages of Hurricane Katrina to the collapse of the housing market, the last ...

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You need to have food stored — at least three months worth. You need water stored. The guns and ammo are fine, but make sure you're getting range practice at LEAST twice a month, preferably ever week. Stock up on things like toiletries, toilet paper, soap, and be sure you can

Read Book Survival Mom How To Prepare Your Family For Everyday Disasters And Worstcase Scenarios survive if the power ever goes out for more than just a few hours.

13 Ways to Prepare for Hyperinflation - The Survival Mom

11 Ways To Prepare Your Family For Survival: 1. Get My Book "Prepare Your Family For Survival" by Linda Loosli is available at most bookstores worldwide.

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You can click on the picture above and order if you haven't done so. Thank you from the bottom of my heart! 2. Store Water

11 Ways To Prepare Your Family For Survival - Food Storage ...

Survival Mom is a good read, and has a place in any prepper/survivalist library.

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Leon Pantenburg. After you become a mom, your head often swims with 'what-ifs.' But you can ease your mind with a little preparation, says Lisa Bedford, blogger and author of Survival Mom : How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios.

Survival Mom: How to Prepare Your

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Publisher's Weekly calls Lisa Bedford's Survival Mom an "impressively comprehensive manual," saying, "suburban mom Bedford helps readers learn about, prepare for, and respond to all manner of disasters. . . . From 'Instant Survival Tip' sidebars to a list of 'Lessons from the Great Depression'. . .

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Survival Mom is chock full of valuable tips and perspectives that had never crossed my mind, showing me how valuable the female perspective is when it comes to prepping and survival! This book is a keeper!" (Matthew Stein,

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author of When Disaster Strikes: A
Comprehensive Guide to Emergency
Planning and Crisis Survival)

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“In this impressively comprehensive

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manual, suburban mom Bedford helps readers learn about, prepare for, and respond to all manner of disasters...Bedford's matter-of-fact yet supportive tone will keep the willies at bay.", "This 'stockpiled guide' to self-sufficiency emergency preparedness is a wealth of ...

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that your bills can all be paid, you can buy things that you want, and still manage to save some money.

How to Survive Financially as a Single Mom

A Working Parent's Survival Guide ... If you're passionate about your career—and about being a great mom or

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dad—you're facing an ongoing struggle
... Rehearse to prepare for...

A Working Parent's Survival Guide

In any survival situation, maintaining your composure and ability to think logically is key. Letting despair and grief take over your mind will make logical thinking much harder. This will be

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Everyday Disasters And Worst-Case Scenarios especially difficult in wartime, but it's extremely important to keep a positive mindset. Do all you can to think positively.

4 Ways to Survive a War - wikiHow

Survival Mom: How to Prepare Your Family for Everyday Disasters and Worst-Case Scenarios Lisa Bedford. HarperOne,

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